



Dermal Filler Informed Consent

I, _____ have been informed by Dr. Inda Mowett, other licensed physician, nurse, physician assistant or any qualified member of her staff of the cost of the treatment, the treatment modalities, secondary and unwanted side effect or potential transient or permanent damage to my skin that may result from this procedure. I understand that, with any treatment, certain risks are involved and that complications or side effect from known and unknown causes could occur. I freely assume the risks.

Procedure

Dermal fillers are injected into the skin with a very fine needle. These products produce a natural volume under the wrinkle, crease or fold. The results can often be seen immediately. Hyaluronic acid (Restylane or Juvederm) or Calcium hydroxylapatite (Radiesse) do not require skin testing and the rate of allergic reactions are very low. Notify us if you are susceptible to keloid formation, hypertrophic scarring and pigmentation disorders.

RISKS AND COMPLICATIONS:

It has been explained to me that there are certain inherent and potential risks and side effect in any procedure, such as:

- Post treatment discomfort, swelling, redness, bruising and discoloration
- Post treatment infection associated with any transcutaneous injection
- Reactivation of herpes (cold sores)
- Lumpiness, visible yellow or white patches in approximately 20% of cases.
- Granuloma formation
- Localized necrosis and /or sloughing, with scab and/or without scab if blood vessel occlusion occurs

We recommend Bromelin and/or Arnica to reduce the risk of bruising and inflammation. Also, the application of an over the counter topical anesthetic can decrease the needle sensation during the treatment. This product is more effective when it is applied one hour prior to procedure.

RESULTS

I am aware that full correction is important and that follow-up touch ups/treatments will be needed to maintain full effects. I am aware that the duration of treatment is dependent on many factors including but not limited to: facial aging, age, sex, tissue condition, general health, lifestyle condition and sun exposure. The correction, depending on these factors may last 9-12months and in some cases longer. I have been instructed in and understand post treatment instructions and have been given a copy of them.

I understand the results off the treatment will vary according to the area and person receiving the procedure. I am also aware that I will require more syringes of dermal fillers than anticipated to fill a wrinkle or skin fold, or add volume to my face or hands.

Client Signature

Date



Dermal Fillers Post - Treatment Instructions

- Immediately after the treatment, the most commonly reported side-effects were temporary redness, bruising and swelling at the injection site. These effects typically resolve within 2 to 3 days. Cold compresses may be used immediately after treatment to reduce swelling.
- To minimize bruising, avoid Aspirin, Anti-inflammatory drugs, Gingko biloba, Garlic, Flaxseed Oil, Vitamin E, Alcohol, spicy food, salty food and cigarettes 48 hrs to 1 week after your treatment.
- If you were instructed to take Arnica, take it as directed. You may continue to take it for up to 7 days post treatment.
- Drink 4 additional glasses of water or non-caloric fluids for the next 3 days. You can eat, drink and gently apply sunblock and makeup with shortly after treatment.
- Avoid manipulation or massaging of area for at least 6 hours after treatment. You can cause irritation, sores, and/or and possible scarring. After that, the area can be gently cleansed with your daily face wash. Avoid sleeping on side of treated area for 3 days.
- It is normal to feel “firmness” in the injection site first day after treatment. In some cases, a lumpy formation can be felt on the injected area(s). You can gently massage this area after 24 hours. Over time, the area will soften leaving you a natural looking results
- Do not massage filler if you have received treatment to correct sunken eyes or columns in upper lip or adding volume to mid-face. Call us if you have a persistent lump after swelling has subsided.
- Until the initial redness and swelling have resolved, avoid strenuous exercises, prone (face down) body massage or exposure of the treated area to intense heat (sunlamp or sunbathing).
- If you have previously suffered from recurrent episodes of cold sores, there is a risk that the needle punctures could trigger another episode. Call us immediately if you start experiencing these symptoms or develop any persistent side effect at 941-749-0741.

Client's Signature

Date